

# SUMMIT CHEER TRYOUT PACKET

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[HTTPS://MISMOGYM.COM/](https://mismogym.com/)

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## Welcome to the 2024-2025 Summit Cheer at Mismo Tryouts!

We are thrilled to be your cheerleading home for years to come! This is our 25th year of building amazing student athletes and young leaders. Over the years, our teams have traveled to the highest competitions in the nation and finished as Finalists and National Champions. Winning is just the by-product of building great teams. Through team building, we develop self-esteem, confidence, and successful life habits.

We are honored to carry on the tradition and legacy with YOU on our team.

Competitive cheer is a significant commitment for both athletes and families. Please read through this entire packet carefully for important information regarding tryouts, programs, and team policies. Our talented staff looks forward to providing a safe, positive, and fun, yet challenging environment for you and your child to thrive.



# TRYOUT EVALUATIONS

MAY 13TH, 2024

\$25 Tryout Fee or Free for students enrolled in May Session Mismo classes

**\*\* Ages based off age at time of Tryout**



**AGES 4-6**

5:00-5:30



**AGES 7-9**

5:30-6:30



**AGES 10-12**

6:30-7:30



**AGES 13-18**

7:30-8:30

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## CALLBACKS

We will send information out by Tuesday, May 14th inviting athletes to our call back times. Athletes invited to Performance and Novice teams will not attend a callback.

**TUESDAY, MAY 14TH**

6:00-8:00 Prep Teams

**WEDNESDAY, MAY 15TH**

6:30-8:30 Elite Teams

*FINAL TEAM PLACEMENTS WILL BE EMAILED OUT BY FRIDAY, MAY 17TH.*

# TRYOUT CRITERIA

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## ATHLETES ARE EVALUATED ON THE FOLLOWING CRITERIA:

- OVERALL ATTITUDE
- ATHLETICISM
- PERFORMANCE ABILITY
- WILLINGNESS TO ACCEPT AND APPLY INSTRUCTION
- JUMP, TUMBLING, AND STUNTING TECHNIQUE AND ABILITY
- CLASS ATTENDANCE FROM PRIOR SEASON (IF APPLICABLE)



**Everyone will make a team!**

No experience is necessary to tryout.

We build our teams around the athletes, placing them where they will be pushed and feel successful.

Final placements at the sole discretion of Summit Cheer Staff.

# I AM NEW TO SUMMIT CHEER, WHAT SHOULD I EXPECT?



1

If your athlete will be missing practice, a parent must notify all team coaches in a group text or through Slack.

2

Be patient! It is a lot to take in. Use your team moms and returning parents as a source for help.

3

Competition Schedules: We do not receive final times until the week of, sometimes as late as Wednesday. Once we get to the competition we can share a meeting place on the team Slack.

4

All our mass communication will be through email and through the Slack app. All emails will come through as "Mismo Gymnastics". Please check your junk folders and don't unsubscribe from "Mismo Gymnastics" email blasts. You will receive the team Slack invite after Tryouts.

5

We begin working on tumbling, jumps, and stunting choreography during summer practices for all Elite Teams. If your athlete is trying out for these teams, please communicate any summer travel plans to the team coaches. In some cases, this may limit an athlete's ability to cheer on an Elite Travel Team.

6

Placements are based on so many things. Many assume it is just a tumbling skill or experience, however this is not the case. We will place your athlete where they will best succeed and be involved. Don't rush the process.

# ATTENDANCE POLICY

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All athletes will be expected to follow this policy. This is a team sport. Practices are mandatory beginning September 5th, unless excused. Excused absences include illness or school activities for a grade. Parents are expected to notify coaches in a timely manner. Excessive and/or unexcused absences may result in removal from sections of the routine and/or removal from the team.

Choreography weekend and competitions are mandatory, no exceptions.

**Athletes will not be allowed to compete if they miss any practice the week of competition.**

## RULES

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- For the safety of our athletes, no jewelry is allowed at practice or competitions. If your athlete is wanting to get their ears pierced, it will need to be done May-September. They can put a Band-Aid over their studs during these months only.
- Athletes are expected to wear practice wear once it arrives and black shorts. Prior to receiving practice wear athletes are expected to wear appropriate athletic clothing, including briefs, sports bras, and proper all black cheer shoes.
- Athletes will not be allowed to have acrylic or natural nails that are longer than their fingertips when held up. Long nails present a safety concern during stunting.
- We use language to promote health and wellness inside our program and our gym. If a member of our program (parent or athlete) chooses to participate in toxic words and/or actions that are out of alignment of this core value, action will be taken to remove these behaviors from our program. Coaches are always available to discuss any questions or concerns.
- If your athlete is chosen as a flyer on an elite team, they are required to arrive 15 minutes prior or stay 15 minutes after practice to complete supervised flying stretches and drills, as well as complete weekly at home stretching assignments.
- You will not be placed on a team if you have a past due balance.
- Parents and athletes are encouraged to plan team bonding activities outside of the opportunities that we provide during practice or at competition. The stronger the team bond, the stronger the team! The coaches always appreciate parents communicating your activities so we can help promote participation.



# FINANCIAL INFORMATION

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## TUITION

Tuition will be posted electronically through iClass. Your installments will be automatically processed on the 22nd of the month prior to the start of the session you are enrolled in.

### Performance Team

Session Tuition: \$69

### Novice Teams

Session Tuition: \$69

### Prep Teams

Pre-season Session Tuition: \$83

In season Session Tuition  
(September-April): \$124

### Elite Teams

#### **Youth**

Pre-season Session Tuition  
(May-August): \$83

In season Session Tuition  
(September-April): \$124

#### **Junior/Senior**

Pre-season Session Tuition: \$124

In season Session Tuition: \$137



### **All Teams:**

- Mismo Annual Membership:  
\$60 per family
- Practice Wear: paid in full July 22nd  
Performance/Novice/Prep ~ \$35  
Elite Teams ~ \$85
- All Black Cheer Shoes. Athletes need to have shoes approved before purchasing.
- Black spankies and all black socks
- Elite teams:  
USASF Athlete Membership \$49  
(paid at USASF.net, due August 31st)

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Our Competitive Athletes will be able to add additional cheer classes at a reduced rate. We offer tumbling classes and stunting clinics where athletes can receive one on one training at their personal skill level regardless of what team they are on.

# FINANCIAL INFORMATION

## UNIFORMS

\*ONLY NEEDED IF JOINING A NEW TEAM\*

**Novice Teams ~ \$185**

**Prep Teams ~ \$185**

**Elite Teams ~ \$255**

## BOWS:

**Novice Teams ~ \$30**

**Elite Teams ~ \$35**



Uniform Fees paid 7/22/24. We keep uniforms for 3 seasons and offer used uniforms when available.

## COMPETITION FEES

Each competitive athlete is required to pay a **NONREFUNDABLE** competition fee for the season. Our competition fees include choreography, music, coaches fee, and athlete registration for all competitions.

The fee is broken out into 5 installments with the balance remaining due in full on December 22nd.

Competition fees will be processed with tuition payments on the 22nd of each month as shown in the table below. Individual athlete travel and food is not included in competition packet fees. Early season drops and injuries are handled on a case by case basis and does not guarantee a release of your obligation to pay the total competition fee. \*Estimated costs will be finalized before 1st installment is due.

**NOVICE**

**PREP**

**ELITE**

	<b>Aug.</b>	<b>Sept.</b>	<b>Oct.</b>	<b>Nov.</b>	<b>Dec.</b>
	TBD	TBD	TBD	TBD	TBD
	TBD	TBD	TBD	TBD	TBD
	TBD	TBD	TBD	TBD	TBD



# TEAM INFORMATION

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## PERFORMANCE TEAMS

This is a non-competitive team that provides a great introduction to all star cheer. This team will perform locally and will provide athletes with the opportunity to learn fundamental cheer skills. This is a low stress and minimal financial commitment team. Athletes on this team can expect a fun and encouraging learning experience. Enrollment is open all season long.

## NOVICE TEAMS

Our novice program provides a great introduction to competing in All Star cheer for our youngest athletes (ages 4-9). Novice teams practice 1-1.5 hours a week and will compete 4-5 times. Team enrollment closes in August.

**No experience is necessary!!**

## PREP TEAMS

Our prep teams are another great introduction to competitive All Star cheer. Prep teams practice up to 3 hours a week and will compete 4-5 times. Some experience in cheer, dance, or tumbling may be required depending on the age of the athlete. Team enrollment closes in August, Tryout required.

## ELITE TEAMS

Our elite team program consists of our highly competitive All Star cheer teams. Elite teams practice on average 4 hours a week and will compete 6-8 times, in and out of state. Cheer and tumbling experience may be required depending on the age of the athlete. Tryout required.

## SOLOS/DUOS

A timed routine showcasing tumbling, jump, and dance skills by either a soloist or duo/trio. It's a great opportunity for those athletes that have higher level tumbling skills than they can compete with their team. Practice starts in September.

## CROSSOVERS

Coaches may request some athletes to crossover to 2 teams to further develop their skills in 1 or more areas. This also helps all our teams be more competitive at competitions. If invited as a crossover on two teams and you decide to do only one, it is up to the discretion of the coaches which team your athlete will be on. Crossovers will receive a tuition discount for their second team and have an additional Crossover Competition Registration Fee.

## ALTERNATES

Alternates are athletes that are invited to practice with an additional team to advance their skills. Alternates will not compete on a second team, unless an injury or illness occurs on the team. Alternates will receive a tuition discount for their second team but do not pay additional competition registration fees.

**This program is invitation only.**



# RECREATIONAL CHEER CLASSES

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## MINI CHEER FUNDAMENTALS

This class is open to ages 4-6, who are not ready to commit to any cheer teams, but want to learn cheer fundamentals. Class focuses on teaching beginner skills in jumps, tumbling, dance, and stunting for younger ages.

## YOUTH CHEER FUNDAMENTALS

This class is open to ages 7-11 who are not ready to commit to any cheer teams, but want to learn cheer fundamentals. Class focuses on teaching beginner skills in jumps, tumbling, dance, and stunting.

## TUMBLING

This class is highly recommended for any athlete wanting to increase their tumbling technique and skills. Ages 5-12 and any experience level are welcome to join this class. This class is a great opportunity for team athletes wanting to increase their skills, as after choreograph teams will begin focusing on routines.

## ADVANCED TUMBLING

This class is intended for athletes who already have a strong foundation in tumbling and are looking to work on more advanced tumbling skills. Ages 8-18 and a skill evaluation may be required to enroll in this class.



# FREQUENTLY ASKED QUESTIONS

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## **WHEN DO WE RECEIVE OUR COMPETITION SCHEDULE?**

A tentative competition schedule will be provided in August. However, in state competition dates are typically not available until as late as February.

## **HOW ARE TEAMS FORMED AT TRYOUTS?**

Athlete placement is done in the best interest of the athlete, the team, and Summit Cheer. Tumbling has become much heavier on the score sheet and that will be noted on tryouts. We ask that you trust our highly qualified and experienced staff's decisions as they are always based on what is best overall for the athlete and team. Just because someone has a tumbling skill doesn't mean they are ready to stunt up a level. However, athletes that do not have level appropriate tumbling skills may not be excluded from these levels.

## **ARE THERE ANY FUNDRAISING OPPORTUNITIES AVAILABLE?**

Yes, parents are encouraged to participate in the Booster Club for all fundraising opportunities. Fundraising dollars can be applied towards tuition, uniforms, gear, and competition fees.

## **WHERE ARE POSSIBLE OUT OF STATE COMPETITIONS?**

Out of state travel may include competitions in Washington, Utah, California, Nevada, Arizona, or Oregon for the upcoming season.

## **WHAT ARE END OF SEASON BID EVENTS?**

End of season events are invite only competitions. These are highly competitive and prestigious events. Whether we are considering an end of season event will be discussed during the first parent meeting, which will take place the first week of practice.

## **WHEN IS THE BEST TIME TO PLAN FAMILY VACATIONS?**

Summer and early fall are the best time to take vacations, as well as over Christmas break. Please check the calendar before planning vacations and notify coaches immediately of any travel plans. We typically compete around spring break and practices during this time are mandatory in order for your athlete to compete.



# SUMMIT CHEER AT MISMO

## ATHLETE/PARENT QUESTIONNAIRE

Athlete Name (First and Last): \_\_\_\_\_ Age: \_\_\_\_\_ Birth Year: \_\_\_\_\_

What school do you attend: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Tryout Checklist- due no later than May 13th

-Tryout Questionnaire

-Signed Mismo Release Waiver

Any Cheer Experience? YES / NO

If so, where and what levels?

Interested in a PERFORMANCE team? YES / NO

Interested in a NOVICE team? YES / NO

Interested in a PREP team? YES / NO

Interested in an ELITE travel team? YES / NO

Willing to be a Crossover on 2 teams if invited? YES / NO

Interested in being an alternate if invited? YES / NO

Interested in more information about Solos or Small Groups? YES/NO

What are some of your athlete's goals for this upcoming competition season?

1:

2:

Any plans that may hinder attendance during summer practices?

Any comments or concerns?

If you were on a team last season, can your athlete give two things they would like to see or change for next season?

1:

2:

Parents, if you were a part of Summit Cheer last season, is there anything you would like to see added or taken away from our program?

*Good luck this week and congratulations on being a part of Summit Cheer at Mismo!*